



Consent to Receive Botox®

Purpose & Background

Botox® Cosmetic (onabotulinumtoxin A) is a neurotoxin produced by the bacterium Clostridium A. Botulinum toxin type A can be injected into muscles of the face and neck for the purpose of relaxing muscles and temporarily improving the look of wrinkles. Botox® injections are customized for every patient, depending on his or her particular needs. Botox® Cosmetic is FDA approved for the treatment of moderate to severe frown lines between the eyebrows (glabellar area), forehead lines and crows feet. Sometimes Botox® Cosmetic is used in other areas and is then considered an “off label” use.

The purpose of this consent form is to make you aware of the nature of the procedure and its risks so that you may decide if you would like to move forward with the treatment.

Alternative Treatments

Always remember Botox® Cosmetic is an elective treatment and that there are alternative treatments to Botox® Cosmetic, including no treatment, topical products, different aesthetic services (chemical peels, BBL™, microneedling, etc.) or surgery.

Procedure

Botox® Cosmetic will be administered by a Physician or RN. After deciding on a treatment plan the treatment area will be cleansed with antiseptic solution and Botox® Cosmetic will be injected using a thin gauge needle. Multiple injections are typically needed.

The treatment begins to work within 2-5 days and maximum effect from the treatment occurs by day 14. The treatment **typically** lasts for 3-4 months. Subsequent treatments are required to maintain the desired results.

Risks/Discomfort

- Under correction (not enough effect) or overcorrection (too much effect)
- Asymmetry (one side looks different than the other)
- Flu-like syndrome and nausea
- Paralysis of nearby muscles leading to droopy eyelid, double vision, inability to completely close eyelid, asymmetric smile
- Impaired swallowing
- Muscle atrophy
- Allergic reaction

Contraindications

You **should not** have Botox® Cosmetic treatments if...

Pregnant or nursing

Infection in treatment area

Muscle and Nerve conditions – such as ALS, Myasthenia gravis, Eaton-Lambert Syndrome, motor neuropathies

(Continued on back)

Post Treatment Instructions

Stay in upright position for at least 5 hours after your treatment

After your Botox® treatment you should avoid the following for the rest of the day:

- Strenuous exercise
- Massages and any other facial treatments
- Extended exposure to sun and heat

Most patients are pleased with the results of Botox® Cosmetic, however, like other cosmetic procedures, satisfaction is not guaranteed. There is no guarantee that wrinkles and/or folds will disappear completely, or that additional treatments will not be required to achieve the final result.

Consent

By signing this document, the patient hereby grants authority to Dr. Heidi Koch or Beth Pohl, RN to inject Botox® Cosmetic and/or to administer any related treatment as deemed necessary or advisable in the diagnosis and treatment of patient's condition. The nature and purpose of this procedure, with possible alternative methods of treatment as well as complications, have been fully explained and outlined to patient satisfaction.

I have hereby read this consent and certify that I understand its contents in full. I have had enough time to consider the information from my Physician and/or RN and feel that I am sufficiently advised to consent to this procedure. I hereby agree to all of the above and agree to have Botox® Cosmetic treatment performed. I further agree to follow all post/pre-treatment care instructions as directed. I hereby give my consent to this procedure and have been asked to sign this form after my discussion with the Physician and/or RN.

THIS CONSENT FORM IS VALID UNTIL ALL OR PART IS REVOKED BY ME IN WRITING.

Patient Name (please print): _____ **Date of Birth:** _____

Patient Signature: _____ **Date:** _____

Email Address (if you would like to be notified of specials, promotions, and events) _____

Witness Name (please print): _____

Witness Signature: _____ **Date:** _____